



Newsletter May 2023

RECREATION

If you have any question, concern, and need more information, please check Atkinson Recreation RecDesk page at [town website](#) and contact Recreation Department 603 362-1098 commrec@atkinson-nh.gov. Office Hours M – F 8:30 am ~ 4:00 pm, closed on Memorial Day Monday, 5/29/23.

SUMMER JOBS

We are hiring summer camp staff and summer college internships. Contact Recreation director or town website for [more information](#).

GENERAL

Town Wide Beautification Week was the week of April 20th to Friday, April 28th, but you can still beautify your neighborhood streets. Free trash bags and gloves are available at the Recreation Office.

PARKS

- Parks are open and Spring season for the sports leagues has begun.
- Dog owners, please clean up after your pets.
- **Tennis Courts maintenance project is scheduled sometime in June** – crack repair and resurfaced– one tennis court by the parking area will be converted to two pickleball courts and other tennis court will remain with two lined pickleball courts.
The prep work has been done on the first court by the parking area, this court is only for pickleball players using two portable pickleball nets. Another court by the woods is for tennis players, if there are no tennis players at the time pickleball players can use two pickleball lined courts.

YOUTH PROGRAM

Kids Fishing Derby –The Atkinson Recreation Commission invites Atkinson children up to 12 years old to our 27th Annual Kid's Fishing Derby at the Atkinson Town Hall Pond - 19 Academy Avenue Atkinson NH) on **Saturday, May 13th**. Registration begins at 7:30 a.m. and the Fishing Derby runs from 8:00 a.m. until 10:30 a.m. Please bring your own poles and worms but no power bait is allowed at our derby. Prizes will be awarded to anglers, who caught "first fish, biggest fish, smallest fish, first five fish, and most unusual catch, Boy Scout Troop 9 will be helping with registration and measuring the fish, Atkinson Women's Civic Club will provide complimentary water, juice packs and refreshments

Youth summer program Sun 'n Fun 2023 -Registration is open.

- For children **first** to **sixth** grades in Fall 2023
- Monday to Friday, June 26th to August 4th (Closed on July 3rd and 4th) 9:00 am ~ 3:30 pm Woodlock Park (80 Woodlock Park Lane Atkinson NH)
More information to come.



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- Online registration only, so create your RecDesk portal account if you have not already. <https://atkinson.recdesk.com/Community/Member/Signup>. Parents need to create a portal account first then add their children in their account.
- Weekly registrations only.
- Four field trips and two in-camp shows.

MATURE ADULT PROGRAMS at Atkinson community center

If you are over 55 years old and would like to register Atkinson Recreation Forever Young program, please contact Recreation Department 603 362-1098, commrec@atkinson-nh.gov, stop by the office at Community Center or register online.

You can register online but you need to create your Atkinson Recreation RecDesk portal account if you have not already then register Atkinson. Please visit.

<https://atkinson.recdesk.com/Community/Program?category=5or>, then you can register via online.

New program:

Introduction to **Acting Workshop** for mature adults, who love or want to learn to act. Free 5-week session starts on May 23rd. You will learn about Theatre and basis of acting. If you would like to know more information about this workshop, please come to the Expectation presentation on May 9th 1 ~ 2 pm. Pre-registration encouraged. *Instructor is Sheila Schaefer* -Sheila Schaefer has been entertaining herself (and hopefully others) since she was a child. She has earned her master's degree in Theatre Education from Emerson College. She has taught acting at the Palace Theatre, Granite State College, and Salem High School. For 12 years Sheila was one third of the performing group *Stories and Stuff*, a traveling group of musical storytellers. Finally, Sheila has been a performer, director, choreographer, producer, stage manager and set designer for many, many, many college, and community theater productions.

Trips:

Trip to Fenway Park Boston Red Sox vs. Toronto Blue Jays – Sunday, August 6th. \$108 per person, includes deluxe coach bus transportation, bus driver's gratuity, and a game ticket (Infield Grandstand Section 22 Rows 16~18). Tickets on sale on April 19th 4:30 ~ 5:30 pm at the Recreation Office at Atkinson Community Center.

The following trips are organized by Best of Times Travel. Registrations are open for all trips.

- "The American Music Cities of Nashville & Memphis" September 21st ~ 25th, 2023. The information day is scheduled on Thursday, May 4th at 1 pm at the Atkinson Community Center.
- "Stayin Alive" Bee Gees Tribute Show" on May 23rd at Danversport Yacht Club, Danvers, MA. This great show by "Stayin' Alive" features the vocal trio, backed by studio musicians who capture the sound mystique of the Bee Gees. The show is a powerhouse! The cost of this great trip is \$119, including deluxe coach bus transportation, show, luncheon (Stuffed Breast of Chicken or Baked



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Schrod) with salad, potato, vegetable, breads, dessert, and coffee/tea. Bus leaves from Atkinson Community Center.

- “The Ultimate Glen Campbell Tribute Show” on Thursday, July 20th at Castleton Baquet Center, Windham NH. \$79, including show and luncheon (Pork Tenderloin or Vegetarian Lasagna)
This is a drive on our own trip.
- “The Corvettes Doo Wop Revue” on Wednesday, August 9th at Fosters Clam Bake, York, ME. \$119, including deluxe coach bus transportation, show and Lobster bake luncheon, or a BBQ Chicken.
- “Neil Diamond & Friends” show on Thursday, September 7th at Castleton banquet Center, Windham NH. \$79, including show and luncheon (Chicken or vegetarian lasagna)
This is a drive on our own trip.
- “Dancing Dream” ABBA Tribute band on Thursday, November 16th at Danversport Yacht Club, Danvers, MA. \$115, including deluxe coach bus transportation, show, and luncheon (Thanksgiving dinner or vegetable lasagna).
- “Christmas at Newport Mansions: The Breakers and Marble House) in December. TBD

Weekly Wellness

Temple Exercise (Tai Chi): Mondays 9:00 am ~ 9:30 am. Donations are \$1 for local food pan-tries / class. Banquet Room.

Line Dancing: Mondays 9:45 am ~ 11:15 am. \$5:00 / class. Banquet Room.

Jacki’s Aerobic Dance— Winter session starts on 1/10/23. Mondays and Wednesdays 6:00 ~ 7:00 pm. Banquet Room. Contact Arline Descheneau (603) 401-1514
Arline.Descheneau@comcast.net to register.

Yoga: Thursday morning 10:30 am ~ 12:00 pm. \$10:00 / class. Banquet Room. Starts on 1/12/23. Contact Mary Krikorian (978) 837-1738 for more information.

FUSION FITNESS: Tuesdays and Thursdays 8:30 am ~ 9:15 am.
Contact Vanessa Underwood (603) 382-7460 or fitnessa@aol.com for more information.

Tai Chi SPRING 10-week session The classes will be held on Tuesdays at 11:00 am ~ 12:00 pm April 18th ~ June 20th Please contact Recreation office for information.



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Monthly / bimonthly Programs

- Bereavement Support Group for parents: 1st Tuesday of each month 5/2/23. Beth Hendershot (603) 887-4302. Room 1.
- Bingo: 2nd Mondays 9:45 am ~ 11:30 am. (small fee) 5/8/23. Minimum eight people Room 2
- Foot Clinic: 3rd Wednesday each month, for their scheduling conflict, it will be on Friday, 5/19/23. Cost per visit \$25:00. Clinic is staffed by a Registered nurse. By appointment only, for information or to schedule an appointment, call (603) 580-6668.
- Veterans Club: Regularly on the 1st Tuesday each month 9:30 am ~10:30 am. 5/2/23. Banquet Room.

COMMUNITY CENTER NEWS

Community Center office hours M ~ F 8:30 am ~ 4:00 pm, closed on Memorial Day 5/29/23.

The Community Center is hosting the following events.

- Atkinson Lions Meat Raffle - Friday, 5/5/23
- Atkinson Women's Civic Club – Town Wide Yard Sale Saturday, 5/20/23
- Atkinson Garden Club Plant Sale - Saturday, 6/3/23
- Atkinson Women's Civic Club - Artisan Indoor /Outdoor Market 6/10/23

Please leave message at Atkinson's Recreation/ Community Center office at 603-362-1098 or commrec@atkinson-nh.gov for rental and any questions, additional information, or if you wish to register for any of the available programs. Online registrations are also available at <https://atkinson.recdesk.com/Community/Home>

Rental Information

Are you planning a family gathering and looking for a place? Atkinson residents can rent out our Banquet room for their special gathering for a very reasonable fee - \$175 for 4 hours, you can bring food and soft drinks. Smaller conference rooms are also available to rent. Please contact the Recreation office for availability.

Check out our rental application for policy and guidelines https://www.town-atkinsonnh.com/sites/g/files/vyhlf8101/f/uploads/community_center_rental_application.pdf

Donation bins

There are three donation bins at the Community Center parking area. Accepted donations include **CLOTHINGS AND SHOES ONLY. Do not leave any other items outside of the bins.** If the bins are full, please come back another time because your donations will help the Atkinson Women's Civic Club's charitable funding and keep our environment green.



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ELDER SERVICES NEWS

Summary of Programs

- Our program is offered for Atkinson residents only.
- Elder Services Office hours M - F 8:30 am ~ 12 pm, closed on Memorial Day Monday, 5/29/23.
- Transportation services for medical appointments M-F 8 am -5 pm.
- Medical Assistive Equipment
- Library Homebound Program
- Referral to Veteran Administration Services
- Referral to community resources
- Work collaboratively with Atkinson Recreation Department

Are you a resident that utilizes Elder Services Transportation? If yes, please consider providing your emergency contact information to us. We have a form for that. Call the office, 603-362-9582, or find us online at <http://www.town-atkinsonnh.com/elderly.html>.

MASTER PLAN COMMUNITY SURVEY

Have you done the Atkinson Master Plan Community Survey yet?

If not, you have time to do it till 5/11/23!

What's Next Atkinson? <https://www.surveymonkey.com/r/8P3PC9S>

Online Community Input Tool

We are asking community members to provide their feedback on a variety of topics related to Atkinson's future including transportation, housing, demographics, natural resources, and more. This online tool includes all the questions explored at the in-person April Community Forum Event. We encourage you to answer as many or as few questions as you wish. Your input is greatly valued during this process and will help shape the direction of *What's Next Atkinson?* - the community's new Master Plan.

WATCH OUT FOR FRAUD AND SCAMS

- Do not answer the phone if you do not recognize the number.
- If you are not sure, just hang up.
- Be aware of scammers pretending to be a family member "Hi Grandma!" Ask questions which only your true family members would know.
- Do not click or open any attachment if you do not know the sender, you did not request, or if it is too good to be true. The email addresses might not be actual people or businesses.

Visit <https://www.consumerfinance.gov/consumer-tools/fraud/> to learn how to protect yourself and others from fraud and scams.